

Pasta

Choice of: Fettuccine, Spaghetti, Linguine, Capellini, Ziti, Penne, or Gluten Free Pasta

Marinara	10.00
Meatball or Sausage	12.00
Olio e Aglio	10.00
Alfredo	14.00
Bolognese	13.00
Puttanesca	15.00
Carbonara	15.00
Pesto	15.00
Sun Dried Tomato Pesto	15.00
Cavatelli and Broccoli Rabe	15.00
Cavatelli and Broccoli Rabe w/ Sausage and Ricotta	18.00
Vodka	14.00

Add Chicken or Shrimp to any pasta \$3.50

BAKED PASTA

Lasagna	12.00
Stuffed Shells	11.00
Baked Ziti	11.00
Cheese Ravioli	11.00



All pasta served w/ salad and bread

Soups

Lentil
Chicken Noodle
Soup du Jour

\$4 or \$5
Cup or Bowl

APPETIZERS

Garlic Bread	4.25
Garlic Bread w/ Cheese	5.50
Garlic Bread w/ Prosciutto	7.00
Garlic Knots 4 pc	1.00
Mozzarella Sticks	7.00
Mussels Marinara	10.00
Clams Oreganato	12.00
Fried Calamari	12.00
Zuppa di Clams	12.00
Clams w/ Arugula	12.00
Buffalo Wings 6 pc	6.00/12 pc 11.00
Chicken Tenders 4 pc	6.00/8 pc 11.00

SIDES

Broccoli Rabe	8.00
Sautéed Broccoli	5.00
Sautéed Spinach	5.00
French Fries	4.00
Sweet Potato Fries	5.00
Meatballs	2 for 5.00

DESSERTS

Cannoli	3.00
Tiramisu	5.00
Tartufo	5.00
Limoncello Tart w/ Italian Cherries	8.00

BEVERAGES

Hot Coffee	2.00
Cold Pressed Iced Coffee	3.00
Espresso	2.50

Non-Alcoholic Beverages Available
BYOB / No Corkage Fee

FRANNY'S

Pizzeria & Restaurant

"WHERE THE JERSEY SHORE BEGINS"



Dine In • Take Out
Delivery

279 BAY AVE. HIGHLANDS, NJ 07732

FRANNYSHIGHLANDS.COM • @FRANNYSHIGHLANDS

732.872.0080 • 732.872.0090

Tuesday, Wednesday, Thursday 11 am – 10 pm
Friday, Saturday 11 am – 11 pm
Sunday 11 am – 10 pm • Closed Monday

Sandwiches

COLD SUBS 7 IN 12 IN

The Italian: ham, salami, capicola, provolone	7.00	10.00
Padrino: chicken, roasted red pepper, mozzarella	8.00	11.00
Turkey	8.00	11.00
Roast Beef	8.00	11.00
Tuna	8.00	11.00

The above subs served w/ lettuce, tomato, onion, oil, vinegar, mayo, salt, pepper, oregano

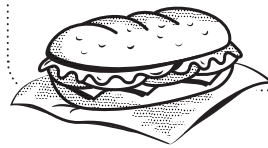
Prosciutto, Mozzarella, Arugula	10.00	13.00
Turkey, Mozzarella, Arugula	10.00	13.00
Chicken Caesar Wrap	NA	9.00

HOT SUBS 7 IN 12 IN

Parmigiana: chicken, sausage, eggplant, meatball	7.00	10.00
Shrimp Parmigiana	9.00	12.00
Starfire: chicken cutlet, pesto, broccoli rabe, mozzarella	10.00	13.00
Cheesesteak: beef or chicken	8.00	11.00
Add pepper, onions, mushrooms	9.00	12.00
Peppers and Eggs	5.00	8.00
Chicken California	8.00	11.00

Substitute Veal on most sandwiches \$3.00

All subs can be made w/ flour or spinach wraps
Please specify modifications



SALADS

Cold Antipasto	12.00
House Salad	6.00
Caesar Salad	8.00
Beet and Fennel Salad w/ Feta Cheese	12.00
Arugula Salad w/ Parmigiana	10.00
Roasted Red Peppers w/ Mozzarella	9.00
Roasted Red Peppers w/ Anchovies	10.00

Add Chicken or Shrimp to any salad \$3.50

Pizza

	SLICE	MED	LRG
Cheese	2.50	11.00	13.00
Sicilian	3.00	NA	16.00
Grandma	3.00	NA	20.00
Additional Pizza Toppings	1.75	2.25	
Calzone	11.00	14.00	
Additional Calzone Toppings	1.50	2.50	

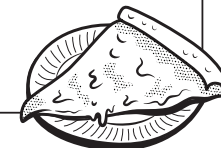
TOPPINGS: Sausage, Pepperoni, Mushroom, Onion, Green Pepper, Meatball, Fresh Garlic, Spinach, Broccoli, Black Olives, Anchovies, Bacon, Extra Cheese, Pineapple, Jalapeños, Banana Peppers

Specialty Pies

	MED	LRG
White: ricotta and mozzarella	13.00	16.00
The Commuter: pepperoni and hot honey	13.00	16.00
Shrimp Scampi	18.00	20.00
Salty Fisherman: anchovies, onions, capers, kalamata olives	18.00	20.00
Little Italy: mozzarella, prosciutto, arugula, lemon, garlic	18.00	20.00
Everything Pie: sausage, pepperoni, peppers, onions, mushrooms	18.00	20.00
California: broccoli, spinach, fresh tomatoes, fresh garlic	15.00	17.00
Florida Deluxe: mozzarella, green peppers, eggplant, onion, mushroom, black olives	18.00	20.00
Western: bacon, ham, sliced tomatoes, and mozzarella	18.00	20.00
Capri: fresh tomato slices, garlic, ricotta, basil, mozzarella cheese	18.00	20.00
Chicken Parmigiana	18.00	20.00
Buffalo Chicken	18.00	20.00
Margherita	18.00	20.00
Penne Vodka	18.00	20.00

Substitute Vegan Cheese \$5.00

All pies available well done upon request



Entrees

Parmigiana

Eggplant Parmigiana	12.00
Chicken Parmigiana	16.00
Shrimp Parmigiana	18.00
Veal Parmigiana	20.00

Piccata

Chicken Piccata	18.00
Veal Piccata	20.00

Francese

Chicken Francese	18.00
Veal Francese	20.00

Saltimbocca

Chicken	20.00
Veal	22.00

Marsala

Chicken Marsala	18.00
Veal Marsala	20.00

Eggplant Lasagna 14.00

Eggplant Rollatini 13.00

Mussels Marinara 15.00

Fresh Clams in Sauce (Red or White) 15.00

Shrimp Scampi or Fra Diavolo 18.00

Calamari Marinara 17.00

Mixed Seafood 24.00

 Add lobster tail 12.00

Lobster Ravioli w/ Sundried Tomato Pesto 21.00

All entrees served w/ pasta, salad, and bread

Lunch
Specials

Lasagna
Spaghetti w/ Meatball
Ravioli
Baked Ziti

\$6